



3rd Annual Open Dixie IMX Challenge

Hosted by: Dixie Aquatic Racing Team

December 9-10, 2011

Sanction:

Sanction No. UT11-101 Meet held under the sanction of United States Swimming, Inc. In granting this sanction number, it is understood and agreed USA Swimming shall be free and held harmless from any and all liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event. "Whether entries are submitted electronically or on paper, by the action of entering the swimmer in the meet the submitter, whether the swimmer, coach, parent or team representative, certifies that the swimmer is a registered member of USA Swimming and that all times stated in/on the entry are true and correct. The submitter further assumes responsibility for any false or incorrect times, and understands that all listed entry times are subject to Utah Swimming Time Verification Procedures, and that a fine of \$20.00 shall be paid to Utah Swimming, Inc. for each incorrect time, unless corrected before the entry deadline. It is understood that an automatic call before the review section shall be the result for a third entry time that cannot be verified. The submitter further agrees that a penalty of \$100.00 shall be assessed to anyone entering a swimmer in a meet sanctioned by Utah Swimming, Inc. who is not registered with USA Swimming at the time of entry upon it being proved that the swimmer was not so registered."

**Entries and money due by Friday December 2nd
by 6:00 PM. Total amount for trip is \$75.00.
Make checks payable to SDAT.**

Venue: Sand Hollow Aquatic Center
1144 N. Lava Flow Dr.
St. George, UT 84770

Date/Times:

Session #1

Friday, December 9
12:00 p.m. Warm Up Begins
1:00 p.m. Meet Begins

Session #2

Friday, December 9
4:00 p.m. Warm Up Begins
5:00 p.m. Meet Begins

Session #3

Saturday, December 10
8:00 a.m. Warm Up Begins
9:00 a.m. Meet Begins

Session #4 (1:00 p.m. minimum or 1 hour after Session #3 ends)

Saturday, December 10
1:00 Warm Up Begins
2:00 Meet Begins

Course:

The course is an Eight (8) lane 25 yard indoor pool with Colorado timing system, with touch pads, bleacher type seating and additional capacity for deck chairs.

Entries Information:

- Individual swimmers may enter up to EIGHT (8) individual events, swimming no more than FIVE (5) individual events per day. No Times (NT's) are accepted.

Meet Format, Check-in and Scratches:

All times for the 1,650 Freestyle will be seeded with personal best 500 times. Only 500 times will be seeded, all other times will be counted and seeded as NT. The 1,650, 1000, and 500 Freestyle and the 400 IM will be seeded fastest to slowest alternating women and men. These events may be combined to save time. If a swimmer misses their event they will not be allowed to swim that event.

****This is an IMX meet. You don't have to swim IMX events. If you are interested, the scoring is as follows below.****

Scoring: Using the USA swimming/Hy-Tek's **Single-Year Age Group Power Point Calculator**, all athletes will earn an "IMX Score" per IMX event. Overall meet score will be the cumulative IMX events points score (combination of all IMX events below) for the Age Group.

IMX AWARDS: 1st – 3rd, overall highest IMX point totals for each Age Group will be awarded trophies. Ribbon awards will be given for 4th – 8th places. To qualify for an IMX award, a

swimmer must compete in all of the IMX events in their age group.

10 & Under – 100 Fly, 100 Back, 100 Breast, 200 IM, and 200 Free

11 & 12 – 100 Fly, 100 Back, 100 Breast, 200 IM, and 500 Free

13 & 14 – 200 Fly, 200 Back, 200 Breast, 200 IM, 400 IM, and 500 Free

15 & older – 200 Fly, 200 Back, 200 Breast, 200 IM, 400 IM, and 500 Free

EVENT AWARDS:

Ribbon awards for the top 8 positions per event. If an 8 & Under wants to compete for the IMX awards, they need to compete in the 10 & Under category.

Name _____ Check # _____ \$ _____

Female Event #	Session 1 Friday, December 9th 12:00 p.m. Warm Up 1:00 p.m. Meet Start	Male Event #
1	1650 Freestyle 11 & Over	2
3	1000 Freestyle 11 & Over	4
5	500 Freestyle 10 & Under	6
	Session 2 Friday, December 9th 4:00 p.m. Warm Up 5:00 p.m. Meet Start	
7	10 & Under 200 IM	8
9	11 & 12 200 IM	10
11	13 & 14 200 IM	12
13	15 & older 200 IM	14
15	8 & Under 50 Breaststroke	16
17	9 & 10 50 Breaststroke	18
19	11 & 12 50 Breaststroke	20
21	13 & 14 100 Breaststroke	22
23	15 & Older 100 Breaststroke	24
25	10 & Under 100 Freestyle	26
27	11 & 12 100 Freestyle	28
29	13 & 14 100 Freestyle	30
31	15 & Older 100 Freestyle	32
33	8 & Under 50 Fly	34
35	10 & Under 100 Fly	36
37	11 & 12 100 Fly	38
39	11 & Older 200 Fly	40

8 events total, no more than 5 events a day

Female Event #	Session 3 Saturday, December 10th 8:00 a.m. Warm Up 9:00 a.m. Meet Start	Male Event #
41	10 & Under 200 Freestyle	42
43	11 & Over 200 Freestyle	44
45	11 & Over 200 Breaststroke	46
47	8 & Under 50 Back	48
49	9 & 10 50 Back	50
51	11 & 12 50 Back	52
53	13 & 14 100 Back	54
55	15 & Older 100 Back	56
57	10 & Under 100 Breaststroke	58
59	11 & 12 100 Breaststroke	60
61	11 & 12 500 Freestyle	62
63	13 & 14 500 Freestyle	64
65	15 & Older 500 Freestyle	66
	Session 4 Saturday, December 10th 1:00 p.m. Warm Up 2:00 p.m. Meet Start	
67	10 & Under 100 Back	68
69	11 & 12 100 Back	70
71	11 & Older 200 Back	72
73	8 & Under 50 Freestyle	74
75	9 & 10 50 Freestyle	76
77	11 & 12 50 Freestyle	78
79	13 & 14 50 Freestyle	80
81	15 & Older 50 Freestyle	82
83	9 & 10 50 Fly	84
85	11 & 12 50 Fly	86
87	13 & 14 100 Fly	88
89	15 & Older 100 Fly	90
91	8 & Under 100 IM	92
93	9 & 10 100 IM	94
95	11 & 12 100 IM	96
97	11 & Older 400 IM	98

8 events total, no more than 5 events per day.